

## **POPPY SEED DRESSING**

Tasty dressing that goes good with spinach.

1/3 cup sugar

1/4 cup apple cider vinegar

1-1/2 teaspoons onion, chopped fine

1/4 teaspoon paprika

1/4 teaspoon Worcestershire sauce

1/2 cup vegetable oil

1 tablespoon poppy seeds

Combine first 5 ingredients in container of an electric blender. Process about 30 seconds, stopping once to scrape down sides. With blender on high, gradually add oil in a slow, steady stream through opening in lid; stir in poppy seeds.

Yield: 1 cup